

MAKING A BOOK PILLOW - Instructions

2 squares of fabric 1 measuring 45 x 45 cm each

2 squares interfacing measuring 45 x 45 cm each

1 rectangle of fabric 1 measuring 30 x 45 cm

1 rectangle of fabric 2 measuring 30 x 45 cm

1 rectangle of interfacing measuring 30 x 45 cm

1 piece of fabric 1 measuring 20 x 8 cm

Before you start: Iron on the interface on all pieces - both squares of fabric 1 and 1 piece of fabric 2 - the rectangle used for the contrasting colour for front pocket].

1. Place the 2 pieces of rectangle fabric together [fabric 1 with interfacing on and fabric 2, with good side of fabric are facing each other]. Pin the top of the rectangle and sew on machine to join fabric together. Open fabric and iron seams down, then close fabric together [good side out] and iron fabric flat. Put to one side.
2. Make the handle: take small piece of fabric 1 and fold in half, iron and open out. Take each side and fold in to the centre crease. Iron and fold again to leaving one side open which you will need to sew together. That is the handle made, put to one side
3. Lay out one square of fabric 1 [good side up] and lay the pocket you have made on top of the fabric [at the bottom as it is the pocket, and with the side you want showing on top]. Pin at the sides.
4. At the top of the fabric square, measure the half way point [about 22.5 cm] and mark 4 cm each side of the middle point. This is where the handles will be fixed [handle facing downwards]. Pin the handle you have just made to the marks and sew in place * then sew each side [left and right] of the square fabric you have just pinned. [leaving the bottom unsew for the moment].
5. Place the remaining square of fabric 2 on top the square [right sides facing each other].
6. Sew 1 cm seam around the whole square of fabric, apart from a hole at the bottom so you can stuff the pillow at the end. Cut the corners of the square and then turn the pillow the right way around.
7. Stuff the pillow with stuffing provided and then sew up the hole.

* We have a union jack label which we think would be nice to sew one on, any side at the final sewing up. I put the label in the middle of the top [so between the 2 handles -sewing it on at the same time as the handle.